Farm To Table In The Stable at Patch: A Perfect Valentine’s Day Celebration for a Heartwarming Cause

Patch of Heaven to Host a Special Fundraising Dinner to Help Expand their Forrest Footprint

**Miami, FL** – February 6, 2024 – To Celebrate Valentine's Day, join Patch of Heaven Sanctuary for an extraordinary evening of romance, sustainability, and Redland sourced, plant-based dining for the 1st Farm To Table In The Stable at Patch. Patch of Heaven Sanctuary is a non-profit organization with a profound commitment to forest regeneration, mindful nature education, and giving refuge to trees, bees, butterflies, bats, birds, buildings of the historic kind and beings of the human kind. Nestled within the 20 acre old and new growth forest of this stunning sanctuary, you will discover the enchanting beauty of old-growth tropical hammocks, a regenerated new growth forest, the world's 1st Mindful Pocket Park, a 5,000 square foot butterfly house, Zen Garden, serene pathways, and historic structures that harken back to the Matheson family's construction in 1964.

This first-of-its-kind dining event and fundraiser, set inside the 120 foot long two-story equine stable, hosted by the innovative and idyllic Patch of Heaven Sanctuary in Miami, not only promises an unforgettable nature and plant-based immersive experience but also an opportunity to support an even greater cause – expanding the sanctuary's forest footprint to 40 acres from its current 20.

Get ready for an unforgettable evening of country life charm, deep nature immersion, and delectable edible plant-focused dining at the Farm To Table In The Stable at Patch, an exclusive VIP event that promises an unforgettable experience. This event is a celebration of sustainable living, “Cuisine with a Cause”, and the vision to expand the sanctuary's footprint from its current 20 acres to 40 acres. Patch of Heaven are experts at growing forests. Just 15 years ago, Patch of Heaven acquired and regenerated an entire 10 acre nursery alongside their old-growth forest and last year alone welcomed over 22,000 guests annually to come take “the Nature Pill @Patch”. It is their mission to do the same with another nursery next door, reversing the Redland trend from agricultural land reverting to development and instead, returning it to nature.

Farm To Table In The Stable at Patch is not just a celebration of love but also a celebration of sustainable living. Guests will be treated to an enchanting evening featuring laid-back elegance, Miami’s countryside charm, and what’s called “a trip to Bali without getting on a plane.” The event takes place in the stunning 2 story stable alongside the magnificent Friesian horses and rare Gypsy Vanner Horses, creating an intimate and memorable atmosphere dining at the 100 foot table in the middle of this stable.

- **Date:** Sunday, February 18th
- **Time:** 4:00 PM - 8:00 PM
- **Location:** Patch of Heaven Sanctuary, 21900 SW 157th Ave, Miami, FL 33170

As the sun sets over the serene Lotus Lagoon and the century-old Castellow Hammock forest, couples will be indulged with a sumptuous plant-based meal crafted entirely from Redland-sourced ingredients. This culinary journey is a testament to the love for nature and the local community.
**Lion Fruit Farms of Miami**, a Patch Redland neighbor and the source of the evening's microgreens, mushrooms, edible flowers, and turmeric, are committed to sustainability and environmental stewardship. Lion Fruit Farms is renowned for their commitment to sustainable farming practices. Their expert team of chefs and farmers work hand-in-hand to bring you dishes that are not only exquisite in taste but also kind to our planet.

What sets Farm To Table In The Stable at Patch apart is its commitment to the Patch of Heaven Sanctuary's vision of doubling its 20-acre size; to 40 with plans to regenerate a forest and build a proper retreat and education center. Just before Valentine's Day, couples have the chance to become *Friends of The Forest* by contributing to the acquisition of additional land, planting new trees, and nurturing the sanctuary's growth. What could be a more fitting way to celebrate love than by helping nature thrive?

**Farm To Table In The Stable at Patch** is the perfect way to celebrate Valentine's Day with a deeper purpose. Guests can secure their spot by RSVPing for this heartwarming and memorable event. A limited number of tickets are available at $200 each at patchofheavensanctuary.org.

**Event Schedule:**

- 4:00 PM - 4:15 PM  **Arrive At The VIP, Valet Entrance Of Patch Of Heaven Sanctuary**
- 4:15 PM - 4:45 PM  **Begin The Mindful Walk in the Taste Garden**
- 4:45 PM - 5:00 PM  **Experience The EarthWalk & Buddha Boulevard**
- 5:15 PM - 6:45 PM  **Arrive at The Stable For Your Farm To Table Meal**
- 6:45 PM - 7:30 PM  **Move to The Cacao Bar for Dessert and a Fire Ceremony Experience**

**About Patch of Heaven Sanctuary:**

Patch of Heaven Sanctuary is a non-profit organization dedicated to forest regeneration, conservation, and mindful nature education on the grounds of our 20 acre sanctuary. We give refuge to trees, bees, butterflies, bats, birds, buildings of the historic kind and beings of the human kind. The site of the founding family of Key Biscayne’s forest architecture, the stunning Matheson home includes three indoor ponds and 8 walls open to the 11 acres of old-growth protected forest, along with other preserved and historically recognized structures from 1964. We are forest experts, having restored 11 acres, regenerated another 10 and have plans to expand further. We are a certified wildlife sanctuary and seek to offer humans the opportunity to ground, grow and give back to the very neighborhood we all call home, that of Nature. We received 22,000 visitors in 2023, doubling in size from 2022 and plan to continue our mission of igniting the inspiration of how Nature’s Awe + Beauty = Calm; something we call “taking the Nature Pill @Patch”. As we bring life back to spaces once covered in agricultural nursery black plastic, we tailor our passion as environmental stewards into all who come to learn how to slow down at the speed of Nature one mindful walk, one tree, one breath and one butterfly at a time.

By supporting Patch of Heaven Sanctuary, you contribute to our mission of conservation reforestation, and mindful nature education. Join us in nurturing and preserving this precious natural haven all while reconnecting Human Nature and Mother Nature, through mindfulness, for the benefit of both.

**Mindful Pocket Park:**

The Mindful Pocket Park at Patch Of Heaven Sanctuary is the world's first of its kind, designed to reduce anxiety and increase calm. Rooted in scientific research, this immersive sensory experience encourages
visitors to Pay Attention With Your Senses (P.A.W.S), using sight, sound, scent, touch, and taste as anchors of focus to arrive in the present moment. Founded by Suzanne Jewell, our Chief Experience Officer, it addresses the challenges of our fast-paced, digitally distracted world by offering a unique opportunity to reconnect with nature and restore mental balance. The park is backed by University of Michigan School of Environmental studies demonstrating the cortisol reduction benefits of spending time in nature and the potential to enhance mental health. Discover the power of P.A.W.S and take "The Nature Pill" by scheduling a visit today. Part of Patch’s living, learning campus experiences of how to reconnect Mother Nature and Human Nature, through mindfulness, for the benefit of both; the park is the keystone of the day long retreats offered to corporate, non-profit and academic institutions; nearly 3,000 people came to retreat at Patch in 2023.

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About Our Chef Team

Our Lions Fruit Farm Chef Team is deeply dedicated to “Food as Medicine” from a variety of angles.

Starting with Lead Chef Ricardo Lopez, whose expertise opened The Shore Club, where he worked with chefs Nobu and Ago for years, then developed concept restaurants for The Ritz Carlton Key Biscayne; he’s now Director of Horticulture at Lion Fruit Farms in the Redland.

Chef Cynthia Om’s two decades in the health movement believes that a Happy Gut = Happy Life; she’s had a vegan restaurant and been a private chef for high end clientele for years, along with her gifts as a detox specialist, health coach, vegan and raw chef.

Radhika Chouhan is a chef, flavor scientist and health advocate with a Business School degree from Babson College that includes a culinary school education at the Institute of Culinary Education in Manhattan; her goal is to expand Michael Pollan’s saying “Eat food. Mostly Plants. Not too much” to include one qualifier: “Slowly”.

And rounding out the evening’s taste delights is Mr. Lou, founder of Green Garden Organics; part philosopher, part ancient medicine man, a licensed nutritionist, whose family has intergenerational farming from the Dominican Republic to Jamaica to the Bahamas, he’s focused on alleviating your afflictions with organic medicine and essential energies from the Earth.